學生試卷

第一部分、聽力測驗

二、根據聽到的短文內容與問題,選出正確的答案。

- 1. (A) A doctor in a hospital.
 - (B) A cook in a restaurant.
 - (C) A coach in a health center.
- 2. (A) 3 months.
 - (B) 3.5 months.
 - (C) 13 months.
- 3.

(A)	Food Diary	(B)	Food Diary	(C)	Food Diary
	Example:		Example:		Example:
	Tuesday 3:13 pm 2 chocolate cookies, at work, feeling sad.		Tuesday 3:30 pm 2 chocolate cookies, at work, feeling sad.		Thursday 3:30 pm 2 chocolate cookies, having a rest, feeling sad.

- 4. (A) Doing the planning for meals.
 - (B) Writing a report about eating habits.
 - (C) Checking the food lists on the diary.
- 5. (A) Because people have little knowledge about food and exercise.
 - (B) Because people must know what to do and keep on doing every day.
 - (C) Because people change their eating habits and life styles all the time.

第三部分、非選擇題測驗

一、文意字彙

- Mr. Lin learned a lot of k_____dge about farming, so he plants many beautiful flowers in his garden.
- 2. Mr. Wu died in the accident, but his family once b_____ved he could be alive (活著).
- 3. Ben is not only a successful b_____n but also a famous speaker. He always shares his ways of making money with people.
- 4. Every student, e_____t Tracy, went to the fun show. She had a bad cold and had to stay at home.

- 5. You can see different kinds of bugs in their i_____m when you visit the farm.
- 6. The dog u_____d what Mr. Black's gestures (手勢) meant and ran to get the ball back.
- 7. Don't eat the berries. They are p_____s and cause a man to die within hours.
- 8. Her parents watched her all the time and p_____ted her to hang out in an internet café on holidays.
- 9. Italians (義大利人) usually use t_____oes, cheese, and some wine when they cook.
- 10. Smoking is not good for health and it causes d______ses in almost every part of the body, not only in the lung (肺).
- Not all the information on the Internet is true. Please find it in every possible ways and choose a c_____t answer.
- 12. Di_____rs could be the largest animals on earth millions of years ago.

第一部分、聽力測驗

二、根據聽到的短文內容與問題,選出正確的答案。

Hello! Welcome to Health-Finder Living Center. I am Paul, your fitness couch. I will help you lose weight and keep healthy during the three-month exercise program. Getting in shape and feeling healthy couldn't be easier. Knowing what to do is not enough. So, you must take action and keep it on. Today, we are starting with your eating habits. Making small changes in your eating habits can make a big difference in your life. Here is a "food diary." Knowing what you eat now will help you make changes. Every day, please write down when you eat, what you eat, how much you eat, where you eat, and how you're feeling when you eat. For example, on Tuesday 3:30 pm, you eat 2 chocolate cookies at work, and you feel sad at that time. Well, have you got what I mean?... Good. Next time, please take this diary here and I'll check your eating habits. According to your notes, we'll do the planning for your meals. See you next Tuesday.

Questions:

- 1. What is Paul's job?
 - (A) A doctor in a hospital.
 - (B) A cook in a restaurant.
 - (C) A coach in a health center.
- 2. How long will the exercise program be?
 (A) 3 months. (B) 3.5 months. (C) 13 months.
- 3. Which is Paul's example of the Food Diary?
 - (A) **Food Diary (B) Food Diary** (C) **Food Diary** Example: Example: Example: Thursday 3:30 pm Tuesday 3:13 pm Tuesday 3:30 pm 2 chocolate cookies, 2 chocolate cookies, 2 chocolate cookies, having a rest, at work. at work. feeling sad. feeling sad. feeling sad.
- 4. What are they going to do next time?

(A) **Doing the planning for meals.**

- (B) Writing a report about eating habits.
- (C) Checking the food lists on the diary.
- 5. According to Paul, why isn't it easy to be in shape healthily?
 - (A) Because people have little knowledge about food and exercise.

(B) Because people must know what to do and keep on doing every day.

(C) Because people change their eating habits and life styles all the time.

第三部分、非選擇題測驗

- 一、文意字彙
- 1. Mr. Lin learned a lot of **knowledge** about farming, so he plants many beautiful flowers in his garden.
- 2. Mr. Wu died in the accident, but his family once <u>believed</u> he could be alive (活著).
- 3. Ben is not only a successful **<u>businessman</u>** but also a famous speaker. He always shares his ways of making money with people.
- 4. Every student, **<u>except</u>** Tracy, went to the fun show. She had a bad cold and had to stay at home.
- 5. You can see different kinds of bugs in their **insectarium** when you visit the farm.
- 6. The dog <u>understood</u> what Mr. Black's gestures (手勢) meant and ran to get the ball back.
- 7. Don't eat the berries. They are **poisonous** and cause a man to die within hours.
- 8. Her parents watched her all the time and **prevented** her to hang out in an internet café on holidays.
- 9. Italians (義大利人) usually use tomatoes, cheese, and some wine when they cook.
- 10. Smoking is not good for health and it causes <u>diseases</u> in almost every part of the body, not only in the lung (肺).
- 11. Not all the information on the Internet is true. Please find it in every possible ways and choose a <u>correct</u> answer.
- 12. <u>Dinosaurs</u> could be the largest animals on earth millions of years ago.